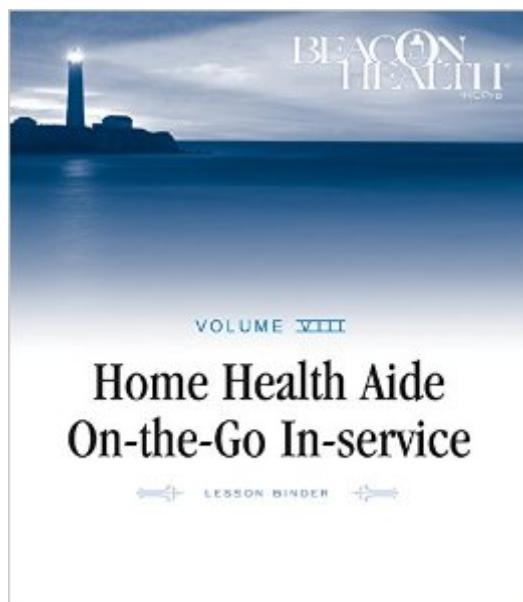


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Home Health Aide On-the-Go In-Service Lessons: Vol. 8, Issue 4: Caring For The Obese Patient



Synopsis

This lesson on Caring for the Obese Patient includes a complete training packet. Each in-service packet takes approximately one hour to complete and fully meets the Medicare in-service training requirements. As aides need training, you can make as many copies as you want - there's no restriction when used with aides assigned from your office location. Remember that Home Health Aides must have 12 hours of in-service training every year. LESSON OBJECTIVES Upon completion of this program, the home health aide will be able to: Define obesity and explain how it is calculated List five signs and symptoms of obesity-related health risks that must be reported to a supervisor Name three special care considerations appropriate for the morbidly obese patient

OVERVIEW Obesity has been called a public-health crisis in the United States. Approximately 32 percent of adults are obese, up from 23 percent a decade ago. Government health officials consider obesity to be one of the most serious health concerns facing the nation today. As rates of obesity continue to rise, home health aides will be asked to care for obese patients. Caring for obese patients requires high levels of compassion, knowledge, and skill. This in-service lesson reviews the unique issues related to obesity and offers suggestions for overcoming the difficulties you will face when providing the best possible care.

Book Information

Series: Home Health Aide on-the-Go in-Service Lessons

Ring-bound: 16 pages

Publisher: Beacon Health; 1st edition (January 29, 2009)

Language: English

ISBN-10: 1601466137

ISBN-13: 978-1601466136

Product Dimensions: 10.7 x 8.2 x 0.3 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

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Best Sellers Rank: #2,126,234 in Books (See Top 100 in Books) #188 in Books > Medical Books > Medicine > Home Care

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